

**PG Department of Psychology**

**Shailabala Women's Autonomous College, Cuttack**

### Programme Outcomes

**Programme Specific Objective:** To provide exceptional value based education equivalent to the international standards of professionally train students, who gradually become proficient in fundamentals of psychology and make career in psychology and allied fields. The emphasis of Under Graduation programme in psychology is on the excellence developed amongst students leading to analytical skills, interdisciplinary collaboration and contribution to the wide-ranging humanistic services to focus on preventive and curative approaches to stimulate positive mental health in society. Enabling the creation of specialized work-force trained to offer services in educational institutions, corporates, primary health care setting etc.

Sl. No.	Course Code	Course Title	Course Objectives	Course Outcomes
1	CC-I	Introductory Psychology	<ul style="list-style-type: none"><li>To know the sources and processes of development of modern scientific psychology.</li></ul>	<ul style="list-style-type: none"><li>Define the term psychology and demonstrate command of the basic terminology, concepts, and principles of the discipline.</li></ul>

			<ul style="list-style-type: none"> <li>• To develop a scientific temperament in studying and understanding human behavior.</li> </ul>	<ul style="list-style-type: none"> <li>• Gain knowledge of scientific methodology- the variety of ways in which psychological data are gathered and evaluated/interpreted.</li> <li>• Identify and compare the major perspectives in psychology: Recognize how each approach views human thought and behavior.</li> <li>• Understand the physiological and biochemical links of human behavior.</li> </ul>
2	CC-II	Basic Developmental Processes	<ul style="list-style-type: none"> <li>• To gain key ideas about human development and the perspectives to understand and explain such developments.</li> <li>• To understand the significance of prenatal period for human development.</li> <li>• To understand the developmental preparations of the childhood and the implications of developmental milestones for the normal human development.</li> </ul>	<ul style="list-style-type: none"> <li>• Understand the nature, types and principle of development.</li> <li>• Understand the processes of formation of life and development during pre- and post-natal periods.</li> <li>• Understand about the different aspects of preparation for future life.</li> </ul>
3	CC-III	Basic Psychological Processes	<ul style="list-style-type: none"> <li>• To understand the mental processes to begin with sensation and perception up to how it results in thoughts and communication.</li> <li>• To gather knowledge about the structural and functional dynamics of each of the mental processes and their interconnectedness.</li> </ul>	<ul style="list-style-type: none"> <li>• Understand the basic sensory actions and the processes of integration of sensory actions in creating and interpreting perceptual events.</li> <li>• Gain knowledge of processes and principles of human learning as well as the structural functional attributes of human memory to help conserve the learning outcomes.</li> <li>• Understand the structural and functional properties of language and the way it helps thought, communication, problem solving</li> </ul>

				and decision making through development of concepts, ideas, and images and so on.
4	CC-IV	Processes of Human Empowerment	<ul style="list-style-type: none"> <li>• To gain ideas about intelligence and personality as foundations of human empowerment.</li> <li>• To understand how motivation and emotion are empowering processes to human development.</li> <li>• To gain insight into human behavior as products of empowerment.</li> </ul>	<ul style="list-style-type: none"> <li>• Know the structural components and functional dynamics of both intelligence and personality.</li> <li>• Understand the significance of emotion and motivation in behavior management.</li> <li>• Understand significant aspects of social behavior as resulting in happiness, well-being and personal growth.</li> </ul>
5	CC-V	Psychological Statistics	<ul style="list-style-type: none"> <li>• To develop knowledge of application of statistics within psychology.</li> <li>• To develop critical thinking for application of appropriate statistical analysis in psychological research</li> </ul>	<ul style="list-style-type: none"> <li>• Understand the nature of psychological variables and how to measure them using appropriate scale.</li> <li>• Understand the processes of describing and reporting statistical data.</li> <li>• Methods of drawing inferences and conclusions for hypothesis testing by using appropriate statistical analysis.</li> </ul>
6	CC-VI	Social Psychology	<ul style="list-style-type: none"> <li>• To develop awareness of the concepts, problems and issues in the discipline of Social Psychology</li> <li>• To understand the individuals and groups in respect to patterns of social behavior and attitudes</li> <li>• To gain insight into the dynamics of intergroup relationships, conflicts, prejudice and cooperation.</li> </ul>	<ul style="list-style-type: none"> <li>• Know the scope of studying social psychology and the methods to gather data in the social context to explain them.</li> <li>• Understand the significance of social cognition, attitudes, stereotypes and prejudices in explaining human behavior in the social contexts.</li> <li>• Understand the significant aspects of group behavior and social influence that constitute the core of human relationships.</li> </ul>
7	CC-VII	Environmental Psychology	<ul style="list-style-type: none"> <li>• To highlight the simultaneous mutual interaction of environment and behavior.</li> </ul>	<ul style="list-style-type: none"> <li>• Understand the interactional relationships between environment and behavior.</li> </ul>

			<ul style="list-style-type: none"> <li>• To delineate psychological approaches to the study of environment.</li> <li>• To discuss the impact of ecological degradation and the need for enhanced awareness programs</li> </ul>	<ul style="list-style-type: none"> <li>• Understand the problems occurring to ecology and environment at the present time.</li> <li>• Understand different psychological approaches to the study of man-environment relationship.</li> </ul>
8	CC-VIII	Psychopathology	<ul style="list-style-type: none"> <li>• Define and understand basic concepts underlying Psychopathology and the perspectives which contributed to the development of modern Psychopathology.</li> <li>• Assessment techniques for identifying and classifying maladaptive behavior and mental disorders.</li> <li>• To gain knowledge about different types of mental disorders.</li> </ul>	<ul style="list-style-type: none"> <li>• Understand the differences between normality and abnormality along with the perspectives explaining them.</li> <li>• Know the use of assessment techniques for identifying and classifying maladaptive behavior.</li> <li>• Learn the symptoms, causes and treatment of anxiety disorders, mood disorders and schizophrenia.</li> </ul>
9	CC-IX	Educational Psychology	<ul style="list-style-type: none"> <li>• To provide students with an overview of the purposes and uses of educational psychology.</li> <li>• To understand human development focusing mainly on the years of formal education including those with ability differences.</li> <li>• To understand the ways that educators motivate their students to learn and strive for excellence</li> <li>• To explore the ways that educators manage learning environments to maximize learning and social cohesion</li> </ul>	<ul style="list-style-type: none"> <li>• Define Educational Psychology and give examples of the different topics educational psychologists study.</li> <li>• Describe the developmental issues faced by school age children</li> <li>• Describe the challenges presented by children with ability differences</li> <li>• Explain the role of motivation on learning and classroom behavior</li> <li>• Describe classroom management techniques</li> <li>• Identify commonly used standardized tests, their strengths and limitations, and use in school settings.</li> </ul>

10	CC-X	Psychological assessment	<ul style="list-style-type: none"> <li>• To train students in various psychological assessment techniques</li> <li>• To impart skills necessary for selecting and applying different tests for different purposes such as evaluation, training, rehabilitation etc.</li> </ul>	<ul style="list-style-type: none"> <li>• Understand the basic facts about Psychological assessment</li> <li>• Understand the processes of test construction and standardization</li> <li>• Understand the assessment of different types of skills and abilities.</li> </ul>
11	CC-XI	Organizational Behavior	<ul style="list-style-type: none"> <li>• To understand the structure, function and design of different organizations</li> <li>• To understand the processes of group decision making and leadership functions in different organizations</li> <li>• To understand the theories of work motivation and related issues of power and politics in the organizational set up.</li> <li>• To demonstrate professional skills in the evaluation, management and development of human resources in the organizations</li> </ul>	<ul style="list-style-type: none"> <li>• Understand different concepts and dynamics related to organizational system, behavior and management.</li> <li>• Identify steps manager can take to motivate employees in the perspectives of the theories of work motivation.</li> <li>• Understand tricks of power and politics management in the organizations</li> <li>• Understand the significance of human resources development, evaluation and management for benefit of organization</li> </ul>
12	CC-XII	Health Psychology	<ul style="list-style-type: none"> <li>• To understand the issues of Health Psychology and how to address them by the bio-psycho-social model of health and illness</li> <li>• To describe behavioral factors that influence health and illness</li> <li>• To acquire health enhancing behaviors including coping with illness</li> </ul>	<ul style="list-style-type: none"> <li>• Know the basics of health and illness from the bio-psycho-social perspectives</li> <li>• Understand the significance of behavioral and Psychological correlates of health and illness</li> <li>• Understand the significant aspects of coping and importance of health enhancing behavior.</li> </ul>
13	CC-XIII	Counseling Psychology	<ul style="list-style-type: none"> <li>• To integrate current scientific knowledge and theory into counseling practice</li> <li>• To learn the history and professional issues related to counseling psychology</li> </ul>	<ul style="list-style-type: none"> <li>• Understand the purpose of counseling and practice of counseling ethically following different approaches</li> </ul>

			<ul style="list-style-type: none"> <li>• To convey information in the core areas of counseling practice</li> <li>• To demonstrate professional behavior in their various roles as counseling psychologists</li> </ul>	<ul style="list-style-type: none"> <li>• Understand the basics of counseling process and use them for counseling students, families, couples, distressed and handicaps.</li> </ul>
14	CC-XIV	Positive Psychology	<ul style="list-style-type: none"> <li>• To understand the rationale behind Positive Psychology</li> <li>• To guide students to identify and analyze the key conceptual and theoretical frameworks underpinning Positive Psychology</li> <li>• To encourage students appreciate the contributions of scholars from a range of disciplines and their influence on developing a positive approach to mental health</li> <li>• To understand and apply a strengths-based approach to mental health issues</li> </ul>	<ul style="list-style-type: none"> <li>• Know the goals of Positive Psychology and the basic behavior patterns that result in positive human growth from the point of view of leading positive psychologists</li> <li>• Understand the concepts of flow and happiness and the related theories and models explaining happiness behavior and its consequences</li> <li>• Understand all the precursors to Positive Psychology from character strength and altruism to resilience</li> </ul>
15	DSE-I	Psychological Research and Measurement	<ul style="list-style-type: none"> <li>• To provide an overview of scientific approaches to psychological research in terms of sampling techniques, scientific method and experimental designs</li> <li>• To acquaint the students with respect to psychometric, projective techniques and non-testing approaches like interview</li> </ul>	<ul style="list-style-type: none"> <li>• Understand the nature of psychological research and characteristics of scientific methods of research</li> <li>• Know the methods of test construction and standardization</li> <li>• Know the different approaches to assessment of personality</li> </ul>
16	DSE-II	Psychology and Social Issues	<ul style="list-style-type: none"> <li>• To provide social psychological analysis of some major social issues in India.</li> </ul>	<ul style="list-style-type: none"> <li>• Understand the nature and characteristics of different social systems and social integration in India</li> <li>• Understand the aspects of health and wellbeing of Indian people</li> </ul>

				<ul style="list-style-type: none"> <li>• Understand about the political behavior of Indian people</li> </ul>
17	DSE-III	Psychology of Disability	<ul style="list-style-type: none"> <li>• To get an overview of the disability from the Psychological perspective.</li> <li>• To expose students to varying disability definitions.</li> <li>• To understand what it means to be “Disabled”? How this meaning has changed over time in India? Factors affecting a person’s experience of disability. Why should people in psychology learn about these matters?</li> </ul>	<ul style="list-style-type: none"> <li>• Know about different types of disability and their prevalence in India.</li> <li>• Understand various socio-cultural models of disability</li> <li>• Gain knowledge about disability policies in India</li> <li>• Understand about intervention and rehabilitation of disables in India</li> </ul>
18	DSE-IV	Dissertation/Research Project	<ul style="list-style-type: none"> <li>• To learn how to develop scientific research designs in the study of psychology</li> <li>• To understand the previous research in their field of interest and review them to arrive at a research problem</li> <li>• To learn ways to describe and measure human behavior</li> <li>• To learn the logic of hypothesis testing and application of appropriate statistical analysis</li> <li>• To learn methods of writing a research report</li> </ul>	<ul style="list-style-type: none"> <li>• Independently prepare a research design to carry out a research project</li> <li>• Review the related research papers to find out a research problem and relevant hypotheses</li> <li>• Understand the administration, scoring and interpretation of appropriate instrument for measurement of desired behavior</li> <li>• Learn the use of statistical techniques for interpretation of data</li> <li>• Learn the APA style of reporting a research project</li> </ul>
19	GE Paper-I	Introductory Psychology	<ul style="list-style-type: none"> <li>• To know the sources and processes of development of modern scientific psychology.</li> <li>• To develop a scientific temperament in studying and understanding human behavior.</li> </ul>	<ul style="list-style-type: none"> <li>• Define the term psychology and demonstrate command of the basic terminology, concepts, and principles of the discipline.</li> <li>• Gain knowledge of scientific methodology- the variety of ways in which psychological</li> </ul>



				<p>data are gathered and evaluated/interpreted.</p> <ul style="list-style-type: none"> <li>• Identify and compare the major perspectives in psychology: Recognize how each approach views human thought and behavior.</li> <li>• Understand the physiological and biochemical links of human behavior.</li> </ul>
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22	GE Paper-IV	Processes of Human Empowerment	<ul style="list-style-type: none"><li>• To gain ideas about intelligence and personality as foundations of human empowerment.</li><li>• To understand how motivation and emotion are empowering processes to human development.</li><li>• To gain insight into human behavior as products of empowerment.</li></ul>	<ul style="list-style-type: none"><li>• Know the structural components and functional dynamics of both intelligence and personality.</li><li>• Understand the significance of emotion and motivation in behavior management.</li><li>• Understand significant aspects of social behavior as resulting in happiness, well-being and personal growth.</li></ul>
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