## **SEMESTER - III**

#### Core-V

#### FUNDAMENTALS OF SOCIAL PSYCHOLOGY

#### Fill in the blanks. (1 mark)

- 1. Social psychology is the scientific study of how people's thoughts, feelings, and are influenced by the actual, imagined, or implied presence of others.
- 2. The primary goal of social psychology is to understand the \_\_\_\_\_ of social behaviour.
- 3. Social psychology examines various aspects of social life, including social \_\_\_\_\_, social interaction, and social influence.
- 4. Observation is a method of data collection in which researchers systematically record the \_\_\_\_\_ of participants in a natural or controlled setting.
- 5. A questionnaire is a self-report measure that consists of a series of written \_\_\_\_\_\_ designed to elicit specific information from respondents.
- 6. An interview is a face-to-face or telephone conversation between a researcher and a participant, used to gather in-depth, qualitative \_\_\_\_\_.
- 7. An experiment is a research design in which participants are randomly assigned to either an experimental or control group to examine the effect of an independent \_\_\_\_\_ on a dependent variable.
- 8. Group structure refers to the stable patterns of relationships and \_\_\_\_\_\_ within a group.
- 9. Social facilitation is the phenomenon in which the presence of others enhances an individual's on a task.
- 10. Social loafing is the tendency for individuals to exert less effort when working in a group than when working \_\_\_\_\_.
- 11. Obedience is a form of social influence in which an individual complies with the instructions or commands of an figure.
- 12. Social is the process by which individuals learn new, attitudes, or knowledge by observing and imitating others, often through \_\_\_\_\_\_ and reinforcement.
- 13. 1. An attitude is a relatively enduring organization of beliefs, feelings, and \_\_\_\_\_\_ towards a person, object, or issue.
- 14. Attitude formation is influenced by factors such as learning, socialization, and
- 15. The tri-component model of attitudes proposes that attitudes consist of cognitive, affective, and \_\_\_\_\_ components.
- 16. Attitude measurement can be done through self-report measures such as questionnaires and \_\_\_\_\_.
- 17. Cognitive dissonance is a motivation to change one's attitude due to the presence of conflicting \_\_\_\_\_.
- 18. Prejudice is a negative attitude towards a person or group based on their \_\_\_\_\_\_ (membership) in a particular social category.
- 19. Stereotypes are oversimplified and often inaccurate \_\_\_\_\_ about a group of people.
- 20. The acquisition of prejudice can occur through social learning, cultural transmission, and \_\_\_\_\_.
- 21. Contact theory proposes that prejudice can be reduced through direct, positive \_\_\_\_\_\_ between members of different groups.

- 22. Education and awareness programs can help reduce prejudice by promoting empathy, understanding, and \_\_\_\_\_.
- 23. Pro-social behaviour refers to voluntary actions intended to benefit others, such as \_\_\_\_\_\_, sharing, and donating.
- 24. The decision model of helping proposes that people engage in a systematic decisionmaking process before assisting others, involving factors such as \_\_\_\_\_ and personal responsibility.
- 25. Personal determinants of pro-social behaviour include empathy, \_\_\_\_\_, and self-esteem.
- 26. Situational determinants of pro-social behaviour include the presence of others, \_\_\_\_\_, and the severity of the situation.
- 27. The Empathy-Altruism Hypothesis proposes that people help others because they feel empathy and a genuine concern for the other person's \_\_\_\_\_.
- 28. Aggression is a form of behaviour intended to cause harm or injury to others, and can be verbal, physical, or \_\_\_\_\_.
- 29. Personal determinants of aggression include factors such as personality traits, \_\_\_\_\_, and mental health.
- 30. Social determinants of aggression include factors such as family dynamics, peer relationships, and \_\_\_\_\_.
- 31. The Frustration-Aggression Hypothesis proposes that aggression is often the result of blocked goals or \_\_\_\_\_.
- 32. Social learning approaches to aggression propose that people learn aggressive behaviours through observation, \_\_\_\_\_, and reinforcement.
- 33. Prevention strategies for aggression include teaching skills such as empathy, problemsolving, and \_\_\_\_\_.
- 34. Control strategies for aggression include setting clear expectations and consequences, providing positive reinforcement for non-aggressive behaviour, and using \_\_\_\_\_\_ techniques.

# Answer within 2-3 sentences. (1.5 marks)

- 1. Define Social Psychology and explain its scope.
- 2. Discuss the goals of Social Psychology.
- 3. Describe the observation method in Social Psychology.
- 4. Explain the concept of group structure and function.
- 5. Discuss the phenomenon of social facilitation. What are its implications?
- 6. Describe the concept of social loafing. What are its causes and consequences?
- 7. Define conformity and explain its types.
- 8. Discuss the factors influencing obedience.
- 9. Define attitude and explain its components.
- 10. Discuss the tri-component model of attitudes.
- 11. Explain the difference between explicit and implicit attitudes.
- 12. Describe the self-perception theory of attitude formation.
- 13. Discuss the factors influencing attitude change.
- 14. Define prejudice and explain its components.
- 15. Discuss the acquisition of prejudice through social learning.
- 16. Explain the contact hypothesis as a means of reducing prejudice.
- 17. Describe the role of stereotypes in perpetuating prejudice.

- 18. Discuss the importance of empathy in reducing prejudice.
- 19. Define pro-social behaviour and explain its characteristics.
- 20. Discuss the decision model of helping.
- 21. What is social facilitation?
- 22. Explain the role of empathy in pro-social behaviour.
- 23. Discuss the personal determinants of pro-social behaviour.
- 24. Explain the situational factors influencing pro-social behaviour.
- 25. Explain the Empathy-Altruism Hypothesis.
- 26. Discuss the Negative State Relief Model.
- 27. Define aggression and explain its characteristics.
- 28. Discuss the personal determinants of aggression.
- 29. Discuss the strategies for preventing aggression.
- 30. Explain the techniques for controlling aggression.

#### Answer within 75 words. (2 marks)

- 1. What are the three components of attitudes? Explain briefly.
- 2. Describe the difference between attitude formation and attitude change.
- 3. What is cognitive dissonance? Explain with an example.
- 4. Define prejudice and stereotypes. Explain the difference between them.
- 5. What is the contact hypothesis? Explain its significance in reducing prejudice.
- 6. Describe the consequences of prejudice on individuals and society.
- 7. Discuss the importance of empathy in reducing prejudice.
- 8. Define Social Psychology and explain its scope.
- 9. What are the primary goals of Social Psychology? Explain briefly.
- 10. Describe the observation method in Social Psychology. What are its advantages?
- 11. Explain the difference between a questionnaire and an interview in Social Psychology research.
- 12. Define group structure and function. Explain briefly.
- 13. What is social facilitation? Explain its implications.
- 14. Define conformity and explain its types.
- 15. What is obedience? Explain the factors influencing obedience.
- 16. Define pro-social behaviour and explain its characteristics.
- 17. Describe the decision model of helping. What are its stages?
- 18. Discuss the personal determinants of pro-social behaviour.
- 19. Explain the situational factors influencing pro-social behaviour.
- 20. Explain the Empathy-Altruism Hypothesis.
- 21. Describe the Negative State Relief Model.
- 22. Define aggression and explain its characteristics.
- 23. Discuss the personal determinants of aggression.
- 24. Describe the strategies for preventing aggression.
- 25. Explain the techniques for controlling aggression.

#### Answer within 500 words. (6 marks)

- 1. Discuss the tri-component model of attitudes. Explain how attitudes are formed and changed.
- 2. Describe the different methods of attitude measurement. What are the advantages and limitations of each method?
- 3. Define prejudice and stereotypes. Discuss the components and acquisition of prejudice.
- 4. Explain the different theories of prejudice, including the contact hypothesis and social identity theory.
- 5. Discuss the relationship between attitudes and prejudice. How do attitudes influence prejudice, and vice versa?
- 6. Explain how social norms and cultural values influence attitude formation and prejudice. Provide examples.
- 7. Discuss the nature and scope of Social Psychology. Explain its significance in understanding human behaviour.
- 8. Describe the questionnaire and interview methods in Social Psychology. Explain how to ensure validity and reliability in these methods.
- 9. Discuss the concept of group structure and function. Explain how group norms and roles influence individual behaviour.
- 10. Discuss the factors influencing conformity. Explain the differences between compliance, identification, and internalization.
- 11. Explain how social norms and group pressure influence individual behaviour. Discuss the role of conformity, obedience, and social modelling in shaping behaviour.
- 12. Discuss the decision model of helping. Explain the factors that influence helping behaviour.
- 13. Describe the Empathy-Altruism Hypothesis. Explain how empathy leads to altruistic behaviour.
- 14. Discuss the Frustration-Aggression Hypothesis. Explain how frustration leads to aggressive behaviour.
- 15. Describe the social learning approaches to aggression. Explain how observation and imitation contribute to aggressive behaviour.
- 16. Discuss the strategies for preventing aggression. Explain the role of education, social skills training, and community programs.
- 17. Describe the techniques for controlling aggression. Explain the use of reinforcement, punishment, and cognitive-behavioural therapy.
- 18. Explain how pro-social behaviour and aggression are influenced by personal, situational, and socio-cultural factors.
- 19. Discuss the role of empathy and altruism in reducing aggression and promoting prosocial behaviour.
- 20. Compare and contrast the theoretical perspectives on pro-social behaviour and aggression. Explain the strengths and limitations of each perspective.

## Core - VI

## **PSYCHOLOGICAL STATISTICS – I**

## Fill in the blanks. (1 mark)

- 1. Statistics is the science of collecting, analysing, and interpreting \_\_\_\_\_ data.
- 2. A categorical variable is a type of variable that can take on distinct, \_\_\_\_\_\_ values.
- 3. A continuous variable is a type of variable that can take on any value within a certain \_\_\_\_\_\_ or range.
- 4. Parametric statistics are used when the data follows a specific \_\_\_\_\_\_ distribution, such as the normal distribution.
- 5. Non-parametric statistics are used when the data does not follow a specific \_\_\_\_\_\_ distribution.
- 6. A frequency distribution is a table or graph that shows the number of observations that fall within each \_\_\_\_\_\_ or category.
- 7. A histogram is a graphical representation of a frequency distribution that uses \_\_\_\_\_\_ to represent the frequency of each category.
- 8. A polygon is a graphical representation of a frequency distribution that uses a series of connected \_\_\_\_\_\_ to represent the frequency of each category.
- 9. An ogive is a graphical representation of a cumulative frequency distribution that shows the proportion of observations that fall below a certain \_\_\_\_\_.
- 10. Grouped data is a type of data that is organized into \_\_\_\_\_\_ or categories based on certain characteristics.
- 11. The mean is the most commonly used measure of central tendency, which is calculated by summing all the values and dividing by the \_\_\_\_\_\_ number of values.
- 12. The median is the middle value of a dataset when it is arranged in \_\_\_\_\_\_ order.
- 13. The mode is the value that appears most frequently in a dataset, and a dataset can have multiple \_\_\_\_\_.
- 14. The mean is sensitive to extreme values, also known as \_\_\_\_\_.
- 15. The median is a better measure of central tendency than the mean when the dataset contains
- 16. Variability refers to the amount of \_\_\_\_\_\_ or dispersion in a dataset.
- 17. The semi-interquartile range (SIQR) is a measure of variability that is calculated as half the difference between the third quartile (Q3) and the first quartile (Q1), which is also known as the \_\_\_\_\_.
- 18. The standard deviation (SD) is a measure of variability that is calculated as the square root of the variance, and it represents the average distance of each value from the \_\_\_\_.
- 19. The variance is a measure of variability that is calculated as the average of the squared differences from the mean, and it represents the spread of the data from the
- 20. The coefficient of variation (CV) is a measure of relative variability that is calculated as the ratio of the standard deviation to the mean, and it is expressed as a
- 21. Probability is a measure of the \_\_\_\_\_\_ of an event occurring.
- 22. The Normal Probability Curve (NPC) is a symmetric, bell-shaped curve that is characterized by its mean ( $\mu$ ) and standard deviation ( $\sigma$ ).
- 23. The NPC is useful for modelling real-world phenomena, such as heights, weights, and IQ scores, which tend to cluster around the \_\_\_\_\_.

- 24. Skewness refers to the degree of asymmetry or deviation from the NPC, which can be positive or \_\_\_\_\_.
- 25. Kurtosis refers to the degree of peaked Ness or flatness of a distribution, which can be leptokurtic (more peaked) or platykurtic (less peaked) than the \_\_\_\_\_.
- 26. The logic of hypothesis testing involves formulating a null hypothesis (H0) and an alternative hypothesis (H1) to test the \_\_\_\_\_\_ of a statistical relationship.
- 27. The level of significance ( $\alpha$ ) is the maximum probability of rejecting the null hypothesis when it is actually true, which is typically set at \_\_\_\_\_.
- 28. Type I error occurs when the null hypothesis is rejected when it is actually true, which is also known as a "false\_\_\_\_\_".
- 29. Type II error occurs when the null hypothesis is failed to be rejected when it is actually false, which is also known as a "false \_\_\_\_\_\_".
- 30. A one-tailed test is used when the alternative hypothesis specifies a direction of the effect, whereas a two-tailed test is used when the alternative hypothesis does not specify a
- 31. The 't' statistic is a measure of the difference between the sample mean and the population mean, relative to the of the sample.
- 32. The 't' statistic for independent samples is calculated using the formula:  $t = (\bar{x}1 \bar{x}2) / \text{sqrt}$ ((s1^2 / n1) + (s2^2 / n2)), where  $\bar{x}1$  and  $\bar{x}2$  are the sample means, s1 and s2 are the sample standard deviations, and n1 and n2 are the sample \_\_\_\_\_.
- 33. The 't' statistic for dependent samples is calculated using the formula:  $t = (\bar{x}d) / (SD / sqrt(n))$ , where  $\bar{x}d$  is the mean difference, SD is the standard deviation of the differences, and n is the number of \_\_\_\_\_.

## Answer within 2-3 sentences. (1.5 marks)

- 1. What is the definition of statistics?
- 2. What is ratio scale of measurement?
- 3. Define variable?
- 4. What is an interval scale of measurement?
- 5. What is ratio scale of measurement?
- 6. Discuss about population and sample?
- 7. What is sampling error?
- 8. State two broad functions of statistics?
- 9. Define independent and dependent variable.
- 10. What are the two characteristics of nominal scale?
- 11. What is data?
- 12. What is range?
- 13. Definition of frequency distribution?
- 14. What does a grouped frequency table group?
- 15. What do you mean by frequency polygon (a) Similar and (b) different?
- 16. Define Importance of graph.
- 17. What is histogram and frequency polygon?
- 18. What are the principles to constructing a graph?
- 19. Why does a frequency polygon include an extra value at the start and end along the bottom?

- 20. Say two uses of median.
- 21. Write the uses of mode.
- 22. Define the two uses of mean.
- 23. What do you mean by central tendency?
- 24. Which is affected by the extreme values in the data?
- 25. What is measures of variability?
- 26. What do you mean by average deviation?
- 27. Write two uses of average deviation.
- 28. What is cumulative frequency?
- 29. What is percentile curve?
- 30. What do you understand by probability?
- 31. What is the formula to find out the Skewness?
- 32. What is Kurtosis? Say the names of types of Kurtoses.
- 33. What is Leptokurtic and Mesokurtic?
- 34. What is correlation?
- 35. What is positive correlation and negative correlation?
- 36. What do you mean by Karl Pearson's coefficient correlation define with an example?
- 37. What is Spearman Rank order correlation?
- 38. Define Product moment method with their example.
- 39. Explain Scatter diagram with a suitable example?
- 40. What do you mean by level of significance?
- 41. What is multiple correlation?
- 42. What is simple correlation?
- 43. What is partial correlation?
- 44. Does correlation imply causation?
- 45. What are the maximum and minimum values of coefficient of correlation?
- 46. When are the two variables said to be in perfect correlation?
- 47. What is hypothesis testing?
- 48. What do you mean by 't' Test?
- 49. Write about the level of significance.
- 50. What do you mean by standard error?
- 51. What do you mean by null hypothesis rejection?
- 52. 90) What is probability sampling?
- 53. What do you understand by non-probability sampling?
- 54. What is simple random sampling?
- 55. Define analysis of variance.
- 56. What is the correlation factor?
- 57. What are parametric statistics?
- 58. Define chi-square.

# Answer within 75 words. (2 marks)

- 1. What are inferential statistics?
- 2. Difference between continuous and categorical variables?

- 3. What do you mean by descriptive statistics with example?
- 4. Difference between discrete and continuous variables?
- 5. Explain the scale having an absolute zero point with an example?
- 6. Difference between nominal scale and ordinal scale of measurement?
- 7. Define graphical representation. What is histogram?
- 8. Mode 32.1 and mean=35.4, so median=?
- 9. What is the mode of following set of score- 5, 6, 8, 7, 9, 7, 9, 10, 10, 9, 12, 11, 12.
- 10. Find x2 and (x)2 for the following scores 7, 3, 9, 5, 4.
- 11. What is Arithmetic mean? What is the formula to find out the mean in grouped frequency distribution?
- 12. Define the term median, and mode with their formula.
- 13. What is assumed mean? What is the formula to find the mean in assumed mean method?
- 14. What makes non parametric tests different from parametric tests?
- 15. What is linear and Nonlinear correlation?
- 16. Find the average deviation of the scores 15, 10, 6, 8, 11 of a series?
- 17. What is quartile deviation? Say their two uses and formula?
- 18. Twenty children are put in order of merit for scores of on a learning test. Compute the PR for each child?
- 19. If 60 children are put in order to merit for grades in history what are the PRs of the 1st, 10th, 45th and 60th?
- 20. What is percentile rank? Say the formula of PR.
- 21. Why 50% of cases lie below the average of the NPC?
- 22. What is skewness? Define the positive and negative skewness.
- 23. Why does rank order correlation differ from Pearsonian correlation coefficient?
- 24. Define 'one tailed' and 'two tailed' test.
- 25. Define null hypothesis and alternative hypothesis.
- 26. Differentiate between table value and obtained value.
- 27. What is Kruskal Wallis or 'H' test?
- 28. What is the Mann Whitney 'U' test?
- 29. How to resolve the problem of zero differences in sign test?
- 30. What is the formula to compute the coefficient correlation and rank order correlation?

#### Answer within 500 words. (6 marks)

- 1. What are statistics? Discuss the scope and uses of statistics in the study of psychology?
- 2. What do you understand by the term descriptive statistics? Briefly explain the process of organization, tabulation and graphical presentation of data?
- 3. State the definition of variable? Discuss the types of variables observed in the study of psychology?
- 4. What do you understand by the term 'data' as used in statistics? Why it is essential to organize data?
- 5. What is frequency distribution? How can you organize data in the form of a frequency distribution? Illustrate with the help of an example?

6. The following scores are obtained by a group of 40 student on an achievement test: 32 78 27 65 88 83 63 52 86 70 42 66 56 44 63 59 73 52 43 69 59 46 71 49 78 70 34 61 62 77 81 72 79 69.

Prepare a frequency distribution table using following score?

- 7. What is grouped frequency distribution? Prepare a group frequency distribution table of the following scores secured by 40 students in a test of maths: 20 35 48 17 63 28 52 12 64 73 15 51 37 70 68 73 49 53 26 42 44 31 36 16 24 31 43 50 36 45 23 74 53 62 19 52 46 53 66 32
- 8. What do you understand by the term 'graphical representation"? Enumerates its advantages.
- 9. What is frequency polygon? Describe the methods for constructing a frequency polygon on a group frequency distribution.
- 10. What do you mean by histogram? Describe the methods for constructing a histogram on grouped frequency distribution?
- 11. Define Ogive. Describe the steps for constructing an ogive from a grouped frequency distribution.
- 12. Define the term "Measures of Central Tendency". Discuss the characteristics of each of the measures of central tendency.
- 13. What is an arithmetic mean? How can it be computed in the case of grouped data?
- 14. What are the characteristics of arithmetic mean? How it can be computed in the case of ungrouped data?
- 15. What do you understand by the term mode of a data? Point out the methods of its computation in the case of grouped as well as ungrouped data with examples.
- 16. Calculate the mean, median mode of the following data in grouped frequency distribution?

<u>SCORE</u>	<u>_</u>
50-51	2
52-53	2
54-55	3
56-57	4
58-59	6
60-61	7

- 17. What is measure of variability? Discuss the characteristics and uses of different measures of variability?
- 18. What is quartile deviation? Discuss process of the computation of quartile deviation with the help of hypothetical data.
- 19. What is a normal probability curve (NPC)? Discuss the characteristics and properties of the NPC?
- 20. What is normal distribution? Describe the application of normal curve?
- 21. Given N=100, M=28.52, SD=4.66 assuming normal of the given distribution find?
- 22. Mean 20, SD = 8, What percentage of the cases lies above score 18?
- 23. What is correlation? Distinguish between positive and negative correlation and Explain

test significance of coefficient of correlation?

24. A group of subjects were given an attitude test on a controversial subject. Then they were shown a film favourable to the subject was tabulated as under:

X1-16, 18, 20, 24, 24, 22, 20, 18, 10, 18, 20

X2-24, 20, 24, 28, 30, 20, 24, 22, 18, 24, 18

Test the null hypothesis at 0.05 and 0.01 level.

- 25. What is sampling? Define types of sampling or different methods of sampling and explain merits and demerits?
- 26. 12 subjects are given 5 successive trials upon a digit's symbol test which only the scores for trial 1 and 5 are shown. Is the mean gain from initial to final trial significant calculation of correlated' with difference method: -

Trial-1-50, 42, 51, 26, 35, 42, 60, 41, 70, 55, 62, 38

Trial-5-62, 40, 61, 35, 30, 52, 68, 51, 84, 63, 72, 50

27. What do you understand by the technique analysis of variance, used for the analysis of statistical data?

# Core - VII

# **PSYCHOPATHOLOGY-I**

# Fill in the blanks. (1 mark)

- 1. The \_\_\_\_\_ perspective views abnormal behaviour as a result of unconscious conflicts and repressed thoughts.
- 2. The \_\_\_\_\_ perspective focuses on observable behaviours and the environmental factors that contribute to abnormal behaviour.
- 3. The \_\_\_\_\_ perspective emphasizes the role of thoughts and cognitive processes in abnormal behaviour.
- 4. The \_\_\_\_\_\_ is a widely used manual for classifying mental disorders.
- 5. The \_\_\_\_\_\_ is an international classification system for mental and behavioural disorders.
- 6. A \_\_\_\_\_\_ is a standardized tool used to assess and diagnose mental disorders.
- 7. A person with \_\_\_\_\_\_ experiences excessive and persistent fear or anxiety about everyday situations.
- 8. A \_\_\_\_\_\_ is a sudden, intense episode of fear or anxiety that peaks within minutes.
- 9. A person with \_\_\_\_\_ has an intense, irrational fear of a specific object or situation.
- 10. A person with \_\_\_\_\_ has recurring, intrusive thoughts (obsessions) and repetitive behaviours (compulsions).
- 11. A person with \_\_\_\_\_ is excessively preoccupied with a perceived flaw in their appearance.
- 12. A person with \_\_\_\_\_\_ experiences a persistent and intense low mood that lasts for at least two weeks.
- 13. \_\_\_\_\_ is a type of depression that lasts for two years or more.
- 14. A person with \_\_\_\_\_\_ experiences manic episodes that last for at least seven days.
- 15. \_\_\_\_\_ is a type of bipolar disorder that involves periods of hypomania and depression.
- 16. A person with \_\_\_\_\_\_ experiences fear or anxiety about being in public places or situations where escape might be difficult.
- 17. \_\_\_\_\_ is a type of anxiety disorder characterized by excessive and persistent fear or anxiety about social situations.

- 18. A person with \_\_\_\_\_\_ experiences recurring, intrusive thoughts or images that trigger anxiety.
- 19. \_\_\_\_\_ is a type of obsessive-compulsive disorder characterized by excessive accumulation and failure to discard items.
- 20. A person with \_\_\_\_\_ has recurring, intrusive thoughts or urges to pull out their own hair.
- 21. \_\_\_\_\_ is a type of body-focused repetitive behaviour characterized by excessive skin picking.
- 22. \_\_\_\_\_ is a type of depressive disorder characterized by intense irritability and anger in children.
- 23. A person with \_\_\_\_\_\_ experiences a depressive episode that occurs during the winter months.
- 24. \_\_\_\_\_ is a type of depressive disorder characterized by depressive symptoms that occur in response to a specific stressor.
- 25. A person with \_\_\_\_\_\_ experiences periods of hypomania and depression, but no full manic episodes.
- 26. \_\_\_\_\_ is a type of bipolar disorder characterized by periods of hypomania and depression that last for at least two years.
- 27. A person with \_\_\_\_\_\_ experiences a manic episode that is severe enough to require hospitalization.
- 28. \_\_\_\_\_ is a type of disorder characterized by symptoms that occur after experiencing a traumatic event.
- 29. A person with \_\_\_\_\_\_ experiences dissociative symptoms, such as amnesia or depersonalization, after a traumatic event.
- 30. \_\_\_\_\_ is a type of disorder characterized by symptoms of anxiety, avoidance, and hypervigilance after a traumatic event.
- 31. \_\_\_\_\_ is a type of disorder characterized by symptoms of hallucinations, delusions, and disorganized thinking.
- 32. A person with \_\_\_\_\_\_ experiences a break from reality, characterized by hallucinations, delusions, and disorganized thinking.
- 33. \_\_\_\_\_ is a type of disorder characterized by symptoms of hallucinations and delusions, but without the full symptoms of schizophrenia.
- 34. \_\_\_\_\_ is a type of disorder characterized by a pervasive pattern of grandiosity, need for admiration, and lack of empathy.
- 35. A person with \_\_\_\_\_\_ experiences a pervasive pattern of distrust, suspiciousness, and hostility.
- 36. \_\_\_\_\_ is a type of disorder characterized by a pervasive pattern of instability in relationships, emotions, and self-image.
- 37. \_\_\_\_\_ is a type of disorder characterized by symptoms of inattention, hyperactivity, and impulsivity.
- 38. A person with \_\_\_\_\_\_ experiences significant impairment in social interaction, verbal and nonverbal communication, and repetitive behaviours.
- 39. \_\_\_\_\_ is a type of disorder characterized by significant impairment in intellectual functioning and adaptive behaviour.
- 40. \_\_\_\_\_ is a type of disorder characterized by difficulty initiating or maintaining sleep.

#### Answer within 2-3 sentences. (1.5 marks)

- 1. Define abnormality?
- 2. What are the two approaches to view abnormal behaviour?
- 3. What is normal curve?
- 4. Write the meaning of mental retardation
- 5. Define personal distress?
- 6. What is disability or dysfunction?
- 7. What stigma is attached to mental illness?
- 8. Define punishment?
- 9. What is behavioural perspective?
- 10. What is cognitive perspective?
- 11. What do you mean by determinism?
- 12. Write the meaning of reinforcement?
- 13. Define schizophrenia?
- 14. What do you mean by learning disorder?
- 15. What is panic disorder?
- 16. What is psychotherapy?
- 17. Define behaviouristic therapy?
- 18. What is rational emotive therapy?
- 19. Define Bio-medical therapy?
- 20. What do you mean by client-centred therapy?
- 21. What is behavioural therapy?
- 22. What is transference?
- 23. What is flooding therapy?
- 24. Write two characteristics of psychotherapy
- 25. Who is the pioneer of RET?

## Answer within 75 words. (2 marks)

- 1. What is the difference between Somatogenesis and Psychogenesis?
- 2. What is human existential perspective?
- 3. What is conditioning stimulus and condition response?
- 4. What is paranoid schizophrenia?
- 5. What is catatonic schizophrenia?
- 6. What is brain dysfunction?
- 7. Define autism? Define the characteristics of an autistic child
- 8. Write two treatment of mood disorder
- 9. What do you mean by Hypochondria?
- 10. What is Dissociative Amnesia?
- 11. What do you mean by Bulimia nervosa?
- 12. What is the difference between schizoid and avoidant personality disorder?
- 13. Define Anorexia nervosa with suitable example?
- 14. Define free association method?
- 15. What is Sullivan's psychodynamic therapy?
- 16. What are the two components of treatment of psychological disorder?
- 17. Write two characteristics of psychotherapy?

- 18. Explain Beck's cognitive therapy.
- 19. Write two characteristics of schizophrenia?
- 20. Difference between hallucination and delusion.
- 21. Name the various categories of mood disorder.
- 22. Give two symptoms of bipolar disorder?
- 23. What is phobia? Write two names of phobia?
- 24. Write the meaning of obsessive compulsive disorder with a suitable example?
- 25. Define post-traumatic stress disorder.

## Answer within 500 words. (6 marks)

- 1. What is the concept of abnormality? Discuss all the characteristics of abnormality.
- 2. Critically analyse the perspectives of abnormal behaviour? Describe the psychodynamic aspect of abnormal behaviour
- 3. According to DSM-IV what are the advantages and disadvantages of maladaptive behaviour?
- 4. Justify the self-report Inventory as assessment techniques
- 5. Define assessment? Briefly describe different assessment techniques?
- 6. Explain how clinical interview is regarded as an assessment technique?
- 7. Define anxiety? Briefly describe the different types of anxiety?
- 8. What is obsessive-compulsive disorder? Discuss its clinical picture, etiologic and treatment pattern.
- 9. What do you mean by dissociative disorder? Discuss the various types of dissociative disorders.
- 10. What do you mean by somatoform disorders? Discuss different types of somatoform disorder?
- 11. What do you mean by personality disorder? Classify it according to its clusters, and briefly describe it?
- 12. Define Bi-polar disorder. Discuss different types of Bi-polar disorder with respect to their cause, clinical features and treatment process.
- 13. Examine Roger's Non-directive therapy. Also analyse its use in the healthy life movement?
- 14. What is non-directive therapy? Discuss the principles and methods of non-directive therapy.
- 15. Define personality disorder, Discuss the symptoms, cause and treatment of Narcissistic and borderline personality disorder?
- 16. Define schizophrenia? Discuss various subtypes of schizophrenic with its major characteristics?
- 17. Discuss about the symptoms, causes and treatment of schizophrenia as a generic disorder?
- 18. Define mood disorder and discuss the symptoms, causes and treatment of depression as a mood disorder.
- 19. What do you mean by personality disorder? Classify it according to its clusters, and briefly describe it?
- 20. What is personality disorder? Describe paranoid and schizoid personality disorder with its symptoms, causes and treatment?